**Can CBD Cause Psychosis?**

You must have heard about the numerous benefits of CBD. You may have also heard that CBD may cause psychosis, and you are here freaking out. Thankfully, you are here because we will give the correct information. This article will explain everything you need to know about CBD and its association with psychosis.

**What is Psychosis?**

Psychosis refers to a mental condition where one loses contact with reality. During psychotic episodes, the affected individual has disturbed thoughts and perceptions. As such, they are unable to distinguish reality from make-believe. When one is experiencing psychotic episodes, they may exhibit symptoms, including hallucinations and delusions. Other symptoms associated with this condition are inappropriate behavior and incoherent speech. Depression, lack of motivation, sleep problems, and anxiety are also associated with psychosis.

**How is Psychosis Treated?**

Psychosis is treated using a combination of psychological and drugs therapies. Antipsychotics are the first-line treatment drugs for this condition, and they work by dopamine effect. Dopamine is a chemical responsible for transmitting messages in the brain. Typically, the drugs start reducing psychosis symptoms within a few hours and may take several weeks to eliminate them.

**Can CBD Cause Psychosis?**

There has always been confusion about CBD as a cause of psychotic episodes. Well, with the ‘high’ effect of marijuana, the concern may be understandable. The confusion majorly arises because most people think that CBD is a synonym for marijuana or weed. When one is 'high,' they are likely to exhibit signs of psychosis, especially if they have used large dosages of weed products. Even so, it is essential to note that CBD is not weed, and its effects on your body may differ.

Understanding what CBD is would help answer the question.

CBD is one of the several chemical components in cannabis. THC and CBD are among the popular components of the weed plant that can affect your body. The THC in weed plants is responsible for the ‘high’ experience associated with cannabis. In other words, it is psychoactive and may cause some intoxication.

On the other hand, CBD is a non-psychoactive compound. As such, it cannot cause intoxication or a ‘high’ feeling.

Given that CBD is a non-psychoactive compound, it cannot cause psychosis. If you are using it, don’t worry about its possibility of causing psychosis. In fact, it is good in improving symptoms associated with psychosis.

In the following section, we will explain how.

**CBD and Psychosis Treatment**

CBD may be used as an alternative to psychotic drugs. Experts have established that by administering a dose of CBD to psychotic patients, activity in the media-temporal and prefrontal brain regions is more similar to those without.

In other words, a dose of CBD to individuals with psychosis improved the brain parts affected by psychosis.

Moreover, CBD has been found to treat mental health problems. For instance, it can reduce anxiety, sleep problems, depression, and mood problems. Given these benefits, it can help individuals with psychosis.

**Final Thought**

CBD can never cause psychosis! It is a non-psychoactive compound found in cannabis popular for its health effects. Use it confidently without the fear of developing psychosis.